

KENDAL

Welcome to our town

We think Kendal will surprise you - it's no ordinary market town.

From exhilarating scenery to exciting festivals, international arts to intriguing history - we can't wait to show you around.

Have a read of this leaflet to get a sense of Kendal.

visit-kendal.co.uk

Ready to explore?



In this leaflet:

Kendal's Arts and Culture Scene

Kendal's Food and Drink

Kendal's Shopping

Kendal's Festivals and Events

Kendal's Sense of Adventure

Kendal's History and Heritage

Images:

The River Kent,
Kendal Town Hall,
Kendal Castle

Kendal's a small town with big ideas.

Our streets are alive with arts, events and culture, packed with intriguing history and renowned for great shopping.

Our green spaces, woodland paths and spectacular surrounding fells give every visitor a sense of adventure.

Kendal is beautiful inside and out – we can't wait to show you around.

Read this leaflet for inspiration and go to visit-kendal.co.uk for lots more.

We'll see you soon!



Images:

Branthwaite Brow, Romney's Kendal Mint Cake, Abbot Hall Art Gallery, The Lakes International Comic Art Festival



Kendal's arts and culture scene

Kendalians have always been creative people so it's no wonder our town is home to a fabulous collection of galleries, museums and art centres – here for you to enjoy all year round.



Spend a fascinating day soaking up beautiful arts. Stay for a while to explore all our local and internationally important attractions.



Grab a drink or bite to eat and enjoy the gardens and green spaces – all our venues are great whatever the weather!



Best for kids

Check out Kendal Museum - kids love meeting the polar bear!

Hit the Brewery Arts Centre for cinema, kids shows or food in the spacious garden

Dress up and enjoy fun activities and interactive displays at the Quaker Tapestry Museum

Get hands on as you explore the Museum of Lakeland Life and take part in family fun at Abbot Hall Art Gallery

Images:

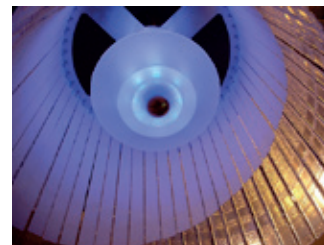
Quaker Tapestry Museum, Abbot Hall Art Gallery, Museum of Lakeland Life and Industry

Lose yourself...

Delve into the incredible programme of live comedy, theatre, dance, music and cinema at our ever-eclectic **Brewery Arts Centre** – there's always something brilliant going on.



Experience award-winning **Abbot Hall Art Gallery**, set in Kendal's finest historic house, with ever changing exhibitions showcasing works by world-renowned artists.



Immerse yourself in the quirky and colourful history of people of the Lake District and Cumbria at the **Museum of Lakeland Life**.

Journey through 350 years of social history brought to life in over 40 vibrant and stunning embroidered panels at the remarkable **Quaker Tapestry Museum**.



Discover **Kendal Museum**, one of the oldest museums in the UK and home to one of the largest taxidermy collections in Europe and much more to surprise and delight you.

Explore **The Factory** - a dynamic collection of exciting artists - fine art, sculpture, glass design, furniture and much more housed in an impressive post-industrial site.

Images:

Brewery Arts Centre, Kendal Museum, Jo Vincent Glass Art at The Factory



Kendal's food and drink

We love good food and drink in Kendal, and you'll find so many interesting places to enjoy. Cosy coffee shops and delicatessens, international restaurants and award-winning fine dining in hotels and historic buildings, plus traditional pubs, local breweries and cool cocktail bars.

Look out for great local produce including artisan bread, cakes and sweet treats and locally brewed beers. Don't forget to pick up a bar of our world famous Kendal Mint Cake!

Discover the best local produce just out of town at Low Sizergh Barn Shop or Plumgarth's Farm Shop.



Top tips for eating and drinking

We're rightly proud of our world famous Kendal Mint Cake! A pocket essential as you take to the trails

Be tantalised by the sights and smells at 1657 Chocolate House, our oldest chocolate shop!

Visit the traditional café and shop at Farrer's of Kendal, one of the oldest coffee roasting and blending shops in the country

Castle Dairy restaurant and art gallery is set in a magical medieval building and run by Kendal College



Images:
Macarons by Al Strong at Westmorland Shopping Centre,
Farrer's Tea & Coffee Merchants,
Lunch in Kendal's Yards



Kendal's shopping

Sometimes only a dose of retail therapy will do. But our town offers so much more than your average trawl of the shops.

You can find your favourite high street names and meet our independent local retailers, for specialist advice, personal service and unique ranges.

Wander and roam - Kendal's high street is surrounded by side streets and pedestrian lanes full of independent shops and big brands.

Look up as you browse to take in our beautiful buildings and architecture.



Get ready to browse

Wainwright's Yard and Elephant Yard - beautiful historic yards transformed into classy shopping streets

The Westmorland Shopping Centre - high street brands and quirky finds in the indoor market

New Shambles and Blackhall Yard - eclectic local, specialist shops and fascinating heritage

K Village - home to the popular Clark's Factory Outlet with a pretty riverside terrace, cafes and lots of parking

Market Place - Wednesdays and Saturdays it's full of traders and look out for Farmers' Market events



Images:
Kendal's shopping,
New Shambles



Kendal's events and festivals

What makes Kendal a festival town? Maybe it's our passion for celebrating what we love and welcoming the world to enjoy it with us.

From the very best of local food and drink to internationally renowned arts and comedy, outdoor adventure to traditional craft and rural traditions... festivals are a great way to experience the very best of Kendal's unique culture.

Kendal Festival of Food Spring/Summer

A packed two days of food and drink demos, talks and tastings

Freerange Comedy Festival May

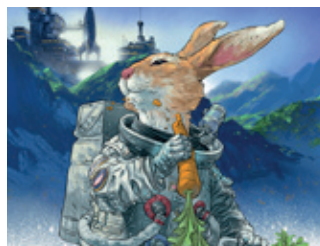
Week long feast of fun hosting some of the UK's top mirth merchants

Country Fest May/June

Guaranteed family fun in a huge field - countryside activities, demos, food and drink

Lake District Summer Music August

Inspirational classical concerts performed by international musicians in atmospheric venues



Lakes Alive September

A family friendly festival of spectacular happenings

Kendal Torchlight Carnival September

A fabulous family friendly carnival in Kendal's streets

Westmorland County Show September

Cumbria's largest agricultural show

Kendal Wool Gathering October

Celebrate Kendal's wool heritage and cloth industry

The Lakes International Comic Art Festival October

Turning Kendal into a comic art town for the weekend and bringing the very best comic art from across the world

Westmorland Beer and Cider Festival October/November

Showcasing real ales, ciders and continental beers

Kendal Mountain Festival November

A stunning four-day celebration of outdoor culture with films, speakers, literature and art

Find much more online at visit-kendal.co.uk

Kendal's sense of adventure

There's something about our town that inspires adventure in everyone.

Whether that means taking the scenic route around town, roaming Kendal's surrounding fells, hitting refresh in our green spaces and parks or trying a new activity – there's always something to inspire you.

Kendal Walking Trails

There's so much to explore in our beautiful town, so we've mapped out walking trails to help you find your way around. Download the Trails leaflet from our website or pick up a copy from various locations including Kendal's Tourist Information Centre.



Images:
Kendal Cycling Club,
Kendal Mountain Festival
Trail Run, Scout Scar



Get the feeling

Stride up Castle Hill and gaze out to the fells

Walk the riverside to get closer to nature

Try rock climbing and Europe's first indoor Via Ferrata at Lakeland Climbing Centre

Enjoy a picnic in one of our green spaces or play places

Play a game – in a park, at the Leisure Centre or on one of our golf courses

Download 'Cycling around Kendal' for rides on country lanes and quiet roads from golakes.co.uk

Try skiing or snowboarding at Kendal Snowsports Club

Images:
Lakeland Climbing Centre,
Serpentine Woods,
Kendal Leisure Centre



Kendal's history and heritage

Get a glimpse of our past – from the day Romans settled on the banks of the River Kent, to the intriguing story of Kendal Castle, home to the Parr family.

Uncover the history of our spectacular churches and the importance of our wool trade. There are so many ways for all the family to discover Kendal's story.



Did you know?

John Cunliffe's Postman Pat books were based on the former post office at Greenside

Kendal's most famous woollen cloth was noted by Shakespeare in his play, Henry IV

Alfred Wainwright, writer of the famous Lakeland fell pictorial guides, was treasurer at Kendal Borough Council for 19 years

The artist George Romney was born at Dalton-in-Furness and served his apprenticeship in Kendal

Samuel Gawith & Co is the only remaining producer of Kendal Brown Snuff

Cumbria is the birthplace of Quakers, the Religious Society of Friends, many fascinating examples of Quaker roots can be found in Kendal today



Images:
Left: Kendal Parish Church, Kendal War Memorial
Right: Castle Dairy, Kendal Unitarian Chapel, Kendal Castle

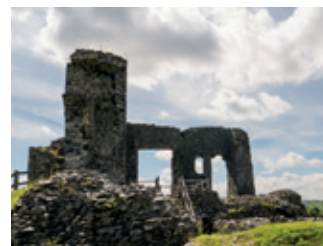
Discover Kendal's story

Try a trail – our Kendal Trails take in some really interesting places of historic interest. Start at the sign outside the Town Hall.

The ruins of Kendal Castle take a spectacular position looking over the town to the fells beyond. Worth a trip for the view alone.

Explore the unique features of Kendal Unitarian Chapel, built in 1720, and tucked behind the shops and cobbles of Branthwaite Brow.

Farrer's on Stricklandgate are one of the oldest coffee roasting and blending shops in the country and is still packed with original features.



Dine out in the grade 1 listed Castle Dairy restaurant, a magically cosy medieval building that's run by Kendal College's young creatives.

The impressive 13th century Kendal Parish Church is one of the widest naves in the UK.

The K Shoes Heritage Centre at K Village tells the story of 160 years of shoe making at Kendal's famous K Shoe factory.



Plan your visit

Kendal is really easy to get to and well-connected.

Oxenholme - The Lake District railway station is Kendal's closest mainline train station. Once you're there, hop on a quick Lakes Line connection to **Kendal Station** - and you'll arrive right in the centre of town in just a few minutes.



Kendal Bus Station is on Blackhall Road, right in the centre of town behind Westmorland Shopping Centre and the bustling high street.

There is plenty of pay and display parking in Kendal town centre. Look out for the blue signs as you enter the town.



For more information on where to stay, getting around and group travel take a look at our website visit-kendal.co.uk/plan-your-visit.



Use **Kendal's free town centre wifi** to plan your trip on the move.

Kendal runs a **Courtesy Toilet Scheme**. Pick up a leaflet or look out for the symbol to find a loo.

Explore Kendal's fascinating heritage using one of the 17 orientated maps around the town or follow one of the walking trails.



KENDAL



Welcome to Kendal!

We're more than a market town on the edge of the Lakes.

There's always something to do - whatever the weather.

Come and enjoy our national culture, arts and ambitious events along with quality shopping and spectacular surroundings that make our town unforgettable.

We hope you enjoy your time in Kendal.

Pick up our other leaflets:

Culture Guide

All the info on the arts, festivals, attractions and taste sensations in Kendal.

Walking Trails

Experience the best of Kendal on foot.

visit-kendal.co.uk

